

2023-2024 EMPLOYEE BENEFITS GUIDE



PART TIME EMPLOYEES 20-29 HOURS PER WEEK









ELIGIBILITY & ENROLLMENT

You and your family have unique needs, which is why David Mail Services, Inc. offers a variety of benefit plans from which you may choose. Consider your spouse's benefits through his or her place of employment and your dependents' eligibility when weighing each option.

Eligibility

You must work between 20-29 hours per week to be eligible to participate in the Davis Mail Services, Inc. benefit plan.

When Does Coverage Begin?

- New Hire: Coverage for all benefits begins on the first day of the month following 60 days of employment. Due to IRS regulations, once you have made your choices for the current plan year, you won't be able to change your benefits until the next open enrollment period, unless you experience a qualifying life event.
- Newly Eligible: If you become benefits eligible due to an increase in hours, your benefits are effective on the first of the month following 60 days after your status change. As with a New Hire, once you have made your choices for the current plan year, you won't be able to change your benefits until the next open enrollment period, unless you experience a qualifying life event.
- Open Enrollment: Any changes made to your benefit elections during the open enrollment period are effective on September 1.
- Qualifying Life Event: Any changes you make to your benefits due to a qualifying life event go into effect the first of the month following the date of that event.





Eligible Dependents

Dependents eligible for coverage in the Davis Mail Services, Inc. medical, dental, vision, voluntary life, critical illness, and accident insurance plans include:

- Your legal spouse
- Children up to age 26
- Dependent children, regardless of age, provided he or she
 is incapable of self-support due to a mental or physical
 disability, is fully dependent on you for support as
 indicated on your federal tax return and is approved by
 your medical plan to continue coverage past age 26

Qualifying Life Events

When one of the following events occurs, you have 30 days from the date of the event to Davis Mail Service, Inc. and/or request changes to your coverage.

- Change in your legal marital status (marriage, divorce, or legal separation)
- Change in the number of your dependents (for example, through birth or adoption, or if a child is no longer an eligible dependent)
- Change in your spouse's or domestic partner's employment status (resulting in a loss or gain of coverage)
- Change in your employment status from full-time to part-time, or part-time to full-time, resulting in a gain or loss of coverage

IMPORTANT BENEFIT INFORMATION

Medical Benefits

The BASIC FIXED INDEMNITY PLAN pays a lump sum to the provider for a number of services such as physician office visits, medical outpatient, medical inpatient, emergency medical, hospital admission, accidental injury, dental, vision, and life insurance. Preventative services are not covered under this plan, so the plan does not meet the Minimum Essential Coverage requirements as defined by the Affordable Care Act.

The BUY UP FIXED INDEMNITY PLAN pays a lump sum to the provider for a number of services such as physician office visits, medical outpatient, medical inpatient, emergency medical, hospital admission, accidental injury, dental, vision, and life insurance. Preventative services are covered under this plan, so the plan meets the Minimum Essential Coverage requirements as defined by the Affordable Care Act.

Both indemnity plans include a full dental and vision plan so you will not need to elect the standalone dental or vision plans!

Medical ID Cards

Cards will be mailed to your home address as soon as possible. Please watch for an envelope from BOON/AETNA in the mail. Many people mistake these envelopes as junk mail and throw them away! It is important to note that because the medical plans are through BOON/AETNA, your provider or pharmacist must call the Provider and Member Services phone number on the ID card to verify coverage!

Dental Benefits

The plan, with coverage through **PRINCIPAL**, features a \$1,250 annual benefit maximum per member on the plan and no waiting period for services. There are benefits for both in and out of network services. Preventative services are covered at 100%, with basic restorative services at 80% and major restorative services at 50%. You have the option to enroll yourself, your spouse, child(ren), or entire family in the plan.

Vision Benefits

The plan, with coverage through **PRINCIPAL** via the **VSP Network**, features exam and material copays and provides an annual exam and one pair of lenses every 12 months. One set of frames is available every 24 months. If you wear contacts, you are able to get a new supply every 12 months in lieu of lenses and/or frames. You have the option to enroll yourself, your spouse, child(ren), or entire family in the plan.

Voluntary Life Insurance Benefits

You have the option to purchase life insurance for yourself and your dependents. You may elect up to \$500,000 in increments of \$10,000 for yourself, up to \$30,000 in \$5,000 increments for your spouse, and up to \$10,000 per child. Any amount over the Guarantee Issue is subject to EOI and will need approval from Principal.

This benefit is only guaranteed at time of hire. Any future enrollment will require completion of a Personal Health Statement and will be subject to approval by Principal.

Accident Benefits

This coverage through **PRINCIPAL** provides specific benefits in the event you or a dependent is in need of various medical services. The plan pays you a lump sum according to the accident or injury sustained.

Critical Illness Benefits

This coverage through **PRINCIPAL** provides specific benefits in the event you or a dependent experience an illness such as cancer, heart attack, stroke, etc. The plan pays you a lump sum according to the specific illness.

This benefit is only guaranteed at time of hire. Any future enrollment will require completion of a Personal Health Statement and will be subject to approval by Principal.

Premium Payments

You pay the full premium through bi-weekly payroll deduction for all benefits.

Medical, dental, and vision benefits are deducted on a pre-tax basis. All other benefits are deducted on a post-tax basis.

Benefit Enrollment

You must complete your benefit enrollment within the first 30 days of your date of hire. Please complete your enrollment using our online benefit portal at davismail.ease.com. Instructions are located on the following pages, but you will receive a link shortly after your date of hire that will allow you to log in to the system.







MEDICAL BENEFITS

	BASIC FIXED INDEMNITY PLAN		BUY UP FIXED INDEMNITY PLAN	
	PLAN PAYS	FREQUENCY	PLAN PAYS	FREQUENCY
MINIMUM ESSENTIAL COV	MINIMUM ESSENTIAL COVERAGE BENEFITS			
COINSURANCE	Not Co	vered	100%	
ANNUAL DEDUCTIBLE	Not Co	vered	\$0	
LIFETIME MAXIMUM	Not Covered		Unlimited	
PREVENTATIVE CARE & SCREENING	Not Covered		100%	
MEDICAL BENEFITS				
PHYSICIAN OFFICE VISIT	\$95	9 days per year	\$95	9 days per year
X-RAY AND LAB	\$50	3 days per year	\$50	3 days per year
MEDICAL IMAGING	\$250	1 day per year	\$250	1 day per year
OUTPATIENT SURGERY	\$725	2 days per year	\$725	2 days per year
INPATIENT SURGERY	\$725	2 days per year	\$725	2 days per year
HOSPITAL ADMISSION	\$1,250	2 times per year	\$1,250	2 times per year
HOSPITAL CONFINEMENT	\$850	365 days per year	\$850	365 days per year
EMERGENCY ROOM	\$500	2 days per year	\$500	2 days per year
PRESCRIPTIONS	\$70	12 days per year	\$70	12 days per year
DENTAL BENEFITS				
ANNUAL BENEFIT MAXIMUM	\$1,500 per	member	\$1,500 per member	
ANNUAL DEDUCTIBLE	\$25 per member		\$25 per	member
PREVENTATIVE, BASIC, AND MAJOR SERVICES	100% 80% 50%		100% 80% 50%	
VISION BENEFITS				
EXAM	\$105	Every 12 months	\$105	Every 12 months
SINGLE LENSES, CONTACT LENSES	\$95	Every 24 months	\$95	Every 24 months
BIFOCAL LENSES, FRAMES	\$120	Every 24 months	\$120	Every 24 months
EMPLOYEE LIFE AND AD&	D BENEFITS			
DEATH BENEFIT	\$10,000	N/A	\$10,000	N/A

PLEASE NOTE: This is a summary only. Any discrepancies will be resolved by the Plan Documents. The complete Benefits Summary can be accessed via our online benefits portal – www.davismail.ease.com

DENTAL BENEFITS

	PRINCIPAL PPO DENTAL PLAN		
	IN NETWORK	OUT OF NETWORK	
ANNUAL CALENDAR YEAR D	EDUCTIBLE		
INDIVIDUAL	\$100	\$100	
FAMILY	\$300	\$300	
ANNUAL CALENDAR YEAR M	IAXIMUM		
PER MEMBER	\$1,250	\$1,250	
COVERED SERVICES			
PREVENTATIVE Oral exams, cleanings, fluoride treatment, sealants, space maintainers, x-rays	100%	100%	
BASIC Fillings, extractions, emergency, endodontics, periodontics	80%	80%	
MAJOR Crowns, bridges, dentures, inlays, onlays, oral surgery	50%	50%	
ORTHODONTIA Children to age 19	50% \$1,250 lifetime maximum	50% \$1,250 lifetime maximum	
WAITNG PERIOD	None	None	

Find a Provider

To find an in-network dentist, visit www.principal.com/find-dentist and select Search for a dentist. Enter your zip code and click Continue. You may also call 800-986-3343.

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VISION BENEFITS

	VSP VISION PLAN	
	VSP PROVIDER	NON VSP PROVIDER
COPAYS		
EXAM	\$10	Up to \$45 allowance
MATERIALS	\$25	Not applicable
COVERED MATER	IALS	
LENSES		
SINGLE VISION	Covered in full after material copay	Up to \$30 allowance
BIFOCAL	Covered in full after material copay	Up to \$50 allowance
TRIFOCAL	Covered in full after material copay	Up to \$65 allowance
LENTICULAR	Covered in full after material copay	Up to \$100 allowance
FRAMES		
RETAIL FRAMES	\$150 allowance + 20% discount	Up to \$70 allowance
CONTACT LENSES		
FITTING & EVAL	Up to \$60 copay	Included in allowance
LENSES	\$150 allowance	Up to \$105 allowance
BENEFIT FREQUE	NCY	
EXAM	12 Months	12 Months
LENSES	12 Months	12 Months
FRAMES	24 Months	24 Months
CONTACTS (in lieu of lenses/frames)	12 Months	12 Months

Find a Provider

To find an in-network provider, please visit vsp.com (click on Find a Doctor) or call 800-877-7195.

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LIFE BENEFITS

PRINCIPAL VOLUNTARY LIFE INSURANCE PLAN

VOLUNTARY EMPLOYEE LIFE/	AD&D
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COVERAGE AMOUNT Increments of \$10,000 up to \$500,000

BENEFITS PAYABLE

To your beneficiary or beneficiaries if you die or, or to you if you lose a limb

or suffer paralysis in an accident

GUARANTEE ISSUE \$100,000

MAXIMUM BENEFIT \$500,000

BENEFIT REDUCTION 65% of original benefit at age 65 | 50% of original benefit at age 70

VOLUNTARY SPOUSE LIFE /AD&D

COVERAGE AMOUNT Increments of \$5,000 to a maximum of \$200,000 not to exceed 50% of

employee's elected amount

BENEFITS PAYABLE

To you if your spouse dies while covered under the plan, or to your spouse

if he/she loses a limb or suffers paralysis in an accident

GUARANTEE ISSUE \$30,000

MAXIMUM BENEFIT \$100,000

BENEFIT REDUCTION 65% of original benefit at age 65 | 50% of original benefit at age 70

VOLUNTARY CHILD LIFE

COVERAGE AMOUNT \$2,000 | \$3,000 | \$4,000 | \$5,000 | \$10,000

BENEFITS PAYABLE To you if your child dies while covered under the plan

GUARANTEE ISSUE \$10,000

MAXIMUM BENEFIT \$10,000

BENEFIT REDUCTION Coverage terminates at age 26

Evidence of Insurability – Voluntary Life and AD&D Insurance

EOI (Statement of Health), satisfactory to Principal, will be required for any of the following reasons:

- If, at time of hire, you elect an amount in excess the Guarantee Issue
- If, at time of hire, you decline Voluntary Life Insurance but enroll during Open Enrollment or with a Qualifying Life Event
- If you elect to increase your Voluntary Life amount more than two increments (\$10,000 for spouse or \$20,000 for yourself) during Open Enrollment

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ACCIDENT BENEFITS

PRINCIPAL ACCIDENT INSURANCE PLAN

ACCIDENTAL DEATH and DISMEMBERMENT		
EMPLOYEE BENEFIT	\$25,000	
SPOUSE BENEFIT	\$12,500	
CHILD BENEFIT	\$6,250	
INJURY		
BURN	Up to \$5,000	
COMA	\$15,000	
CONCUSSION	\$500	
DENTAL INJURY	\$500	
DISLOCATION	Up to \$7,500	
EYE INJURY WITH SURGICAL REPAIR	\$500	
FRACTURE	Up to \$10,000	
INJURIES NOT SPECIFICALLY LISTED	\$100	
INTERNAL INJURY	\$1,500	
KNEE CARTILAGE INJURY WITH SURGICAL REPAIR	\$1,500	
RUPTURED DISC WITH SURGICAL REPAIR	\$1,500	
TENDON / LIGAMENT / ROTATOR CUFF INJURY WITH SURGICAL REPAIR	\$1,500	

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CRITICAL ILLNESS BENEFITS

PRINCIPAL CRITICAL ILLNESS INSURANCE PLAN

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SCHEDULED BENEFIT			
	EMPLOYEE	SPOUSE	
INCREMENTS	\$5,000	\$2,500	
MINIMUM AMOUNT	\$5,000	\$2,500	
GUARANTEE ISSUE AMOUNT	\$15,000	\$7,500	
MAXIMUM AMOUNT	\$15,000	\$7,500 - cannot to exceed 50% of employee's scheduled benefit	
CHILD(REN) BENEFIT	Automatically covered	for 25% of your benefit	
BENEFIT FOR COVERED CONE	DITIONS		
	FIRST OCCURRENCE	ADDITIONAL OCCURRENCES	
CANCER ONE	100% of Benefit Amount	100% of Benefit Amount	
CANCER TWO	25% of Benefit Amount	25% of Benefit Amount	
HEART ATTACK	100% of Benefit Amount	100% of Benefit Amount	
MAJOR ORGAN FAILURE	100% of Benefit Amount	100% of Benefit Amount	
STROKE	100% of Benefit Amount	100% of Benefit Amount	
DEFINITIONS			
CANCER ONE	A malignant tumor characterized by uncontrolled growth of malignant cells and invasion of normal tissue, and blood cancers.		
CANCER TWO	Chronic lymphocytic leukemia, carcinoma in situ, early-stage prostate cancer, papillary microcarcinoma of the thyroid and noninvasive papillary cancer of the bladder. Excludes all skin cancers.		
HEART ATTACK	Death of heart muscle due to inadequate blood supply. All of the following criteria must be satisfied: typical clinical symptoms such as central chest pain, diagnostic increase of specific cardiac markers for myocardial infarction, and new electrocardiographic changes of infarction.		
MAJOR ORGAN FAILURE	Irreversible end-stage failure of bone marrow, heart, kidney, liver, lung, or pancreas and for kidney failure, dialysis is initiated, or for other organs listed above, a transplant is recommended.		
STROKE	Death of brain tissue due to an acute cerebrovascular event; clinical evidence of infarction of brain tissue or intracranial or subarachnoid hemorrhage; clear evidence on a CT, MRI, or similar imaging technique that a stroke has occurred.		

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IMPORTANT CONTACTS

COVERAGE	CONTACT
MEDICAL AND PHARMACY	BOON/AETNA 866-292-3374 Group #: 187778
DENTAL	PRINCIPAL 800-986-3343 www.principal.com Group #: 1042288
VISION	PRINCIPAL/VSP 800-877-7195 www.vsp.com Group #: 1042288
VOLUNTARY LIFE	PRINCIPAL 800-245-1522 www.principal.com Group #: 1042288
ACCIDENT, CRITICAL ILLNESS & HOSPITAL	PRINCIPAL 800-331-2213 www.principal.com Group #: 1042288
RETIREMENT	EMPOWER RETIREMENT 800-338-4015 www.empowermyretirement.com